WOD Log-Sheet

Date 8/20 WOD FARMER STRONG

Athlete Name	Results
CATHY	1074 #
MARVIN	↓
JEMMA	↓
TONY	↓
CAROL	↓
Joe, Nancy, Jerral, Brittaeye	1148
JEFF	Team 2! + 1 mi (it's an honor thing!)
FRANCO	Team 1
DANNY	TEAM 1 (+ 100 burpees)
11:30 Team #1	
11:30 Team #2	3744
Nicole	1508
Mike	↓
Martin	↓
5:30 Team WIN!	2568 lbs Andrew Jewels Shawn Tri Brian Kylie
Team 2	2202 # DAVE W, Hian.
Brittany Team 1	2290 # BEN BONYA